



The Royal School

Wolverhampton

The Royal Primary Newsletter

Exciting News for Parents: Introducing Our Virtual Reception Tour!

We are thrilled to announce the launch of our brand new Virtual Reception Tour! Now, you can explore our wonderful school from the comfort of your own home, at any time that suits you.

Our Virtual Reception Tour provides an immersive experience, allowing you to navigate through our facilities and get a feel for the vibrant atmosphere here at The Royal School.

To embark on your virtual journey, simply click the link below:

[Virtual Tour Link](#)

10 Top Tips for Parents and Educators

ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

1 CREATE A SAFE SPACE

Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS

Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS

Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY

When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' – or to assume that they'll simply 'get over' whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

5 ASK OPEN QUESTIONS

Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES

If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE

Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

8 HAVE REGULAR CHECK-INS

Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES

It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION

It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College

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The Royal School
Wolverhampton

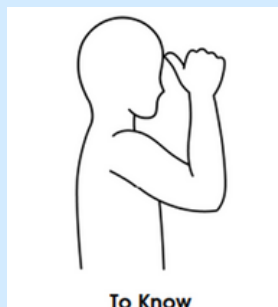
Please [Click Here](#) for the
music newsletter

The children have enjoyed learning all about how to keep our teeth healthy and went outside to complete a quiz. They had to search the woodland area for cards and fill in the missing words from the sentences.



Makaton - Sign of the week

#WeTalkMakaton



Diary Dates

- 22nd May - YR 4 USA VR Workshop
- 24th May - YR 1 Attwell Farm
- 24th May - Pre-Loved Uniform sale





Just before the end of the Spring term, Year 4 embarked on their residential adventure to Kingswood in South Staffordshire. The children had a great time participating in a range of activities including rock climbing, caving, fire lighting, archery, ziplining and many more... It was great to see such great communication skills from the students in order to face any challenges they had. The sense of Royal community really shone through and the students had a wonderful time.

Please scan the QR code below to watch a short video of the Y4 Kingswood experience:



Ahoy, Mateys! Year 2 Sets Sail on a Buccaneersing Voyage for their Cornerstones Topic: Land Ahoy Pirates Day!

The children enjoyed cutting out their treasure in Maths and adding it together to make odd and even numbers. They created a persuasive wanted poster in English for a missing pirate and even tested how much cargo a pirate ship can hold in Science!



The children had a wonderful day.



Assembly



Medication Protocol Reminder

Parents/Carers

Please can we remind parents/carers of the following:-

We can only administer prescribed medication.

The medication must be handed into Reception.

A medication consent form must be completed and returned to Reception before we are able to administer medication (forms are available on the school website) we are unable to give medication without a signed consent.



IT Parent Workshop
Thursday 2nd May 2:00pm
Primary Hall



We are excited to extend an invitation to you for an upcoming IT workshop hosted by Patrick Flynn from Online Behaviours Ltd.

Following the overwhelmingly positive feedback we received from parents after the last workshop, we felt it was important to invite Patrick back to further delve into this critical topic. Parents who attended the previous workshop shared that they found it to be sobering and enlightening regarding the challenges surrounding safeguarding in the digital age.

“A huge thank you for this powerful workshop on online safety, that made all parents attending aware of the dangers of the online world. I would highly recommend this workshop to all parents / carers and the children too.”

Parent feedback.

The workshop is scheduled for Thursday, 2nd May at 2:00pm in the Primary Hall. This session promises to be both informative and engaging, covering important topics related to online behaviours and digital literacy. No need to book, just pop along.

We believe that enhancing our understanding of technology and its impact is crucial in today's digital age, especially when it comes to guiding and safeguarding our children online. Patrick Flynn brings a wealth of knowledge and expertise in this field, and we are confident that attendees will benefit greatly from his insights.

Tuesday April 23rd 2024

St George's Day

Special Menu

St Georges Beef or Vegetable Stew

(G,Ce)

Roast Potatoes

Garden peas

Carrots

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*Apple Shortbread Pie
With Custard*

(Mk,G,E)

OR

Rainbow Jam Tarts

(G,E,Mk)

**LOOK OUT!
ALLERGENS**

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten
L = Lupin

Mk = Milk
Mo = Molluscs
Mu = Mustard

N = Nuts
P = Peanuts
Se = Sesame Seeds

So = Soya
Su = Sulphur Dioxide

Get ready to indulge in a special St. George's Day menu on April 23rd, 2024! Even if you usually bring packed lunches, this is an opportunity you won't want to miss.

To ensure your child doesn't miss out on this epic gastronomic journey, simply make payment via the School Gateway App.

If you have any issues, please contact us at primaryreception@theroyal.school

Let's make this St. George's Day one to remember! Don't miss out on this chance to taste the flavors of valor and victory. Join us as we celebrate in true knightly fashion!