



The Royal School

Wolverhampton

Personal Development

Lesson 6 Review

Name	Type Here
House	Type Here
Year Group	Type Here



Introduction

The lesson 6 programme is an intrinsic part of life at The Royal, and is proven to make a significant positive impact on pupil's personal development, broaden the skill range and provide stimulating challenges in line with our school values of respect, trust, community, initiative and risk. The lesson 6 programme is an opportunity for pupils to experience a variety of activities where you can gain additional qualifications and new skills that will support your personal development.

Each activity fulfils one or more of our lesson 6 strands. Each strand was carefully selected to ensure each activity has opportunities to develop a variety of skills, including those softer skills that will get you into university and work. This holistic approach to our enrichment education will develop skills, knowledge and understanding and will give you opportunities that will prepare you for life beyond school and help set you apart from others.

For these reasons the lesson 6 programme is a compulsory element of life at The Royal School, a significant element of what makes a place at the school so highly sought after by families all over the region and beyond. It is part of what makes the school unique and distinctive, preparing pupils for life beyond the school in a demonstrably effective manner.

Your academic qualifications and exam results are very important in helping you get the next step of your educational journey or into employment. However, as a school we also value the importance of opportunities that will develop important 'softer skills' that employers and universities are looking for. These 'softer skills', experiences and opportunities will help set you apart from other people.

The purpose of this book is for you to record your reflections and achievements from each of the lesson 6 activities you take part in as you progress through school. When you apply for Sixth Form, university, apprenticeships or jobs you will need to evidence all the skills and experiences that sets you apart from others. Compiling them in one place will help and strengthen your applications.

You will also be able to measure the impact lesson 6 activities have on your employability skills by completing the questionnaire taken from the skills builder research periodically throughout the year.



Reflection - Task

Throughout the year you should review and reflect upon your activities you have taken part in. Even if your activity is running for more than one term you should still take the opportunity to evaluate the skills you have developed. You will need to identify the skills you have developed and used during each lesson 6 activity along with an example to evidence how each skills has been developed. Complete all the sections the table on the next pages for the activities you have taken part in for all of your lesson 6 activities. You may want to focus on 1 skill to evidence or you might want to choose 5 skills to evidence.

The activity information booklet that you use to find out information on each activity can be used to help fill in the table and can be found on the school website. This activity will help you evidence all the key skills required for life. If you can evidence how you have used these skills when asked by a university or a potential employer it will help set you apart from other candidates as this is what universities and employers are looking for.

<https://www.theroyalschool.co.uk/state-secondary-boarding-wolverhampton/enrichment>

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<https://www.skillsbuilder.org/blog/better-prepared-essential-skills-and-employment-outcomes-for-youth-people>



Reflection Term 1. Activity 1

Name the activity	Type Here
Strand the activity covered (please tick one)	<input checked="" type="checkbox"/> Creative and well-being <input type="checkbox"/> Enterprise and employability <input type="checkbox"/> Active <input type="checkbox"/> Leadership and service <input type="checkbox"/> Inquiry and Knowledge
Brief outline of what the activity comprised of (what did you do?)	Type Here
Identify 5 skills you used and developed by taking part in this activity	Skill 1 Type Here
	Skill 2 Type Here
	Skill 3 Type Here
	Skill 4 Type Here
	Skill 5 Type Here
Give an example of you demonstrated and used each of the identified skills	Skill 1 Type Here
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Reflection Term 1. Activity 2

Name the activity	Type Here
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Reflection Term 1. Activity 3

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Reflection Term 1. Activity 4

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