



Headlines

It has been wonderful to return from maternity leave this week and be greeted with such warmth by our wonderful school community. I have greatly enjoyed seeing all the children and staff again on my return and have been catching up with everything that has happened while I was away from school with my daughter. As Assistant Head I spend a lot of time working with staff and pupils on the curriculum, so it was a real treat to return for World Book Day and discover some new books to read. I shared my own favourite, "The Bog Baby", with some classes. As you can see, my daughter shares my love of reading!



We have also been pleased to welcome our two new PCSOs and Early Help Officers to the school, who will be visiting regularly to help support our community and help us develop skills such as staying safe online.

As always, we have been touched by the kindness and generosity of our school community towards those less fortunate than ourselves – in this case the terrible earthquakes in Turkey and Syria. We raised a total of £1228.74 from our own clothes day; this significant amount of money will have a real impact in the areas most affected.

I look forward to seeing many of you as I settle back into the school, and seeing the wonderful things our young people do every day.



Mrs Jenny Bates
Assistant Head Teacher



House Points

Sandringham	4627
Buckingham	4749
Balmoral	4507
Windsor	4937

Dates for the Diary

- Tuesday 7th March – PTA Meeting (Senior School) 7:00pm
- Tuesday 7th March – Yr 3 Water Dome
- Tuesday 7th March – Yr 2 Reading Fluency Workshop parents to arrive at 4:00pm in Ms Brown's classroom.
- Wednesday 8th March – Yr 2 Reading Fluency Workshop **Virtual via ZOOM**
- Wednesday 8th March YR 4 PCSO Programme.
- Wednesday 8th March 2023 Primary U9 Rugby v Prestfelde (A)



Virtual Parents Evening
23rd March 2023
28th March 2023

Saturday 1st July 2023
Primary School Prize Day

On Friday 3rd March the Canal Trust came to visit Year 3. During this session we explored and located the River Severn on maps and atlases.

We then identified the key features of the river including meanders, source, and mouth. Each class then discussed how to keep safe when nearby rivers and canals.

Year 3 also enjoyed a range of water investigations using different materials to test floating and sinking.

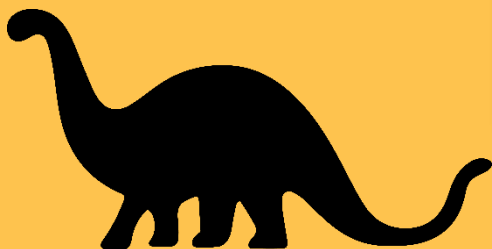


ASSEMBLY

Our focus for this half term is the school value of Community. We looked at some of the crises around the world such as the Ukraine War and Turkey-Syrian Earthquake and discussed how it must feel for those who have been left without their homes, possessions and loved ones. Pupils recognised that as a community we can help support one another.



The Year 1 children really enjoyed our Dinosaur Workshop. They discovered some dinosaurs were carnivores, some were herbivores, and some were omnivores. They learnt some dinosaurs lived in groups and some lived by themselves. As 'palaeontologists' the children carefully used brushes to look for dinosaur fossils and identified which dinosaurs the fossils came from. They really enjoyed meeting two baby dinosaurs called Mia and Tilly.



Thursday 2nd March 2023

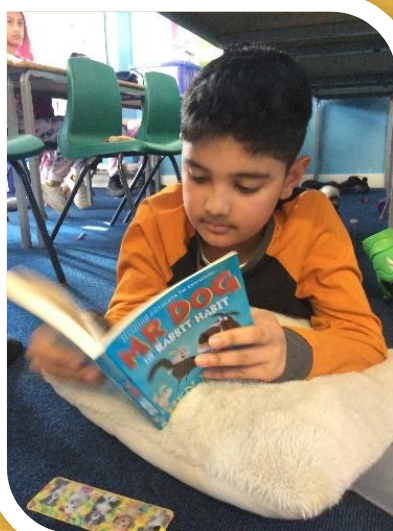


WORLD
**BOOK
DAY**

2 MARCH 2023



World Book Day was a great success. Children and Staff dressed up in their pyjamas and brought along their favourite book to read.



Thursday 2nd March 2023



WORLD
**BOOK
DAY**
2 MARCH 2023

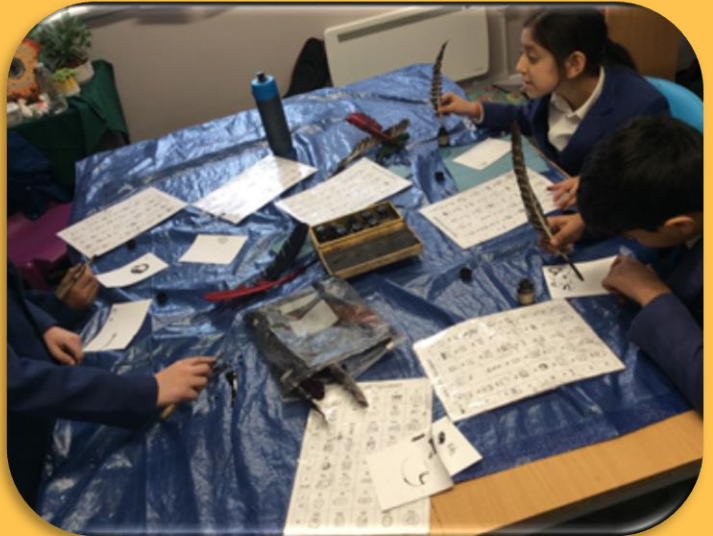


On World Book Day, Glee Club created their own lyrics to express how much they love reading. We had previously learnt 'Can't Buy Me Love' by the Beatles so they used their knowledge of the melody to re-write the lyrics. They showed dedication, resilience and imagination. Scan the QR codes to listen to two examples.

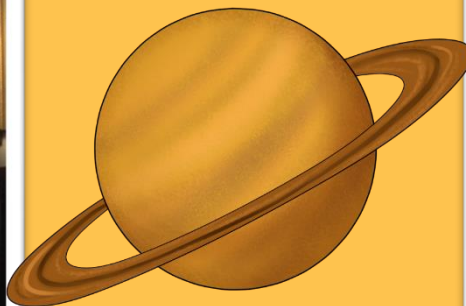


Year 2 walked to Penn Library for their World Book Day. The children's behaviour was exemplary and great fun was had by all!

Year 6 enjoyed an inspiring and engaging Mayan Day when Widget Workshop visited the school on Tuesday. Children learned about the significance of weaving and worry dolls in Mayan culture and even made their own! Using VR headsets, they were transported 1500 years ago to a Mexican City called Teotihuacan, back to modern Day Mexico City and then to the Amazon rainforest! They explored the Mayan Calendar and used feathers, bamboo and ink to write their names in hieroglyphic's! Wow!



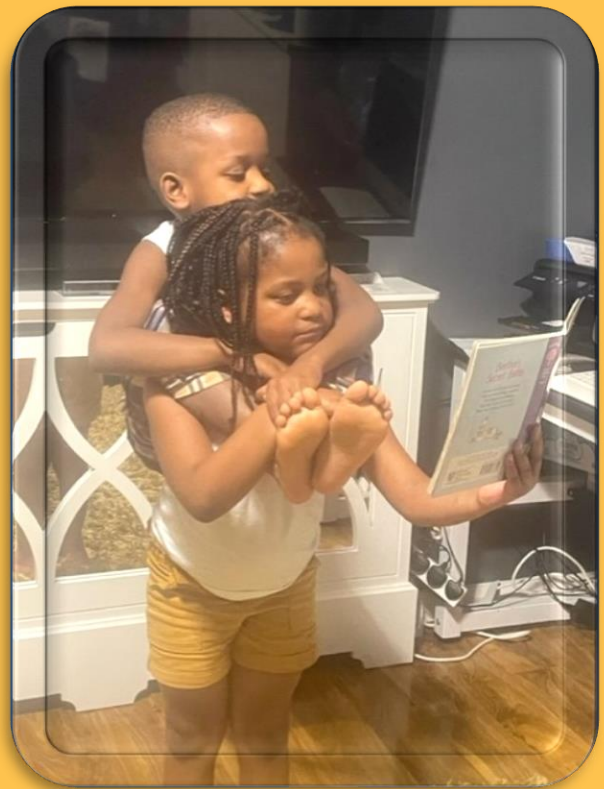
On Tuesday, Year 5 enjoyed a visit from a mobile planetarium. The children entered the giant inflatable (which fit perfectly, if snugly, in Victoria Hall) and were transported into orbit above the Earth's surface. They learnt about the planets of the Solar System, the International Space Station, life in space and the moon landings. Sadly, cameras didn't work inside the planetarium, but here are some pictures before we went in.



Winners of the Share a Book Competition goes to: -



The Most Toys Photo - Douglas 4LD



Cutest Photo - Kiera from 2GB



Cosiest Photo - Amro 2GB



Cutest Animal Photo - Emily 5KG

Congratulations to all the winners. Each winner will be able to choose a book from the book fayre.



Sporting Fixtures

Open Swim Dates and Times

We are delighted to invite you to our annual Open Swim lessons for all pupils in Reception, Year 1 and Year 2 taking place next month. Please do come and watch your child participate in a swimming lesson in the Hilda Hayward swimming pool. Polite notice for all those attending, in line with school policy no photos or videos must be taken. Doors will open 10 minutes before the lesson commences. Unfortunately, once the lesson begins, we will not have any staff available to open the gates for late arrivals. Looking forward to seeing you there.

Reception: Tuesday 21st March
RAR 21st March 10:00-10:30am
RAG 21st March 11:00-11:30am
RKH 21st March 13:15-13:45am

Year 1: Wednesday 22nd March
1ER 22nd March 9:15-9:45am
1KN 22nd March 10:15-10:45am
1SB 22nd March 11:15-11:45am

Year 2: Friday 24th March
2GB 24th March 10:15-10:45am
2ED 24th March 11:15-11:45am
2HD 24th March 13:15-13:45am

U9 Netball

On Tuesday 28th February, Year 4 netball teams played matches against Tettenhall College.

A team lost 6-2
B team won 3-1
Players of the match: Jasmeen and Renae

Well done everyone!



What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthralls young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK... and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces. Involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azmi is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Sources: <https://www.bbc.com/news/technology-5524905>
<https://www.bbc.com/news/technology-5524905>
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- Shopping tips to Save Money and Plastic Waste - [CLICK HERE](#)
- Rewards scheme launches in Wolverhampton to improve people's health - [CLICK HERE](#)

****Active**** Number of students who have travelled to school walking, park and stride, cycling, public transport NOT travelled in a car.

This week's Year Group winners are
YEAR 6
Individual class winners are 6SM 91%



	Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Active	16%	54%	72%	64%	62%	71%	87%



LET'S WALK TO SCHOOL

WOLVERHAMPTON

- Warstones Primary School
- St Stephen's Church of England Primary School
- West Park Primary School
- Perry Hall Primary School
- Villiers Primary School
- Long Knowle Primary School
- Wilkinson Primary School
- Graiseley Primary School
- The Royal School
- Bantock Primary School

SPRING 2023

#WOWWalkOfFame

Congratulations we made it into the top ten of Wolverhampton Schools. Well done to everyone for taking part and achieving such fantastic results! Keep up the good work, maybe next term we can top the leaderboard!

Children in Year 4 have celebrated the end of their 'Traders & Raiders' topic this week, by creating a range of Viking inspired products for a trade sale!

Year 3 attended and had the chance to see the range of creative items that had been hand made by the students. Items included necklaces, bracelets, brooches, tie-dye socks and bags with runes.

The children's creativity raised an impressive £103.40p. This will be going towards purchasing some games and activities to take on the Kingswood Residential trip 2023.



School Gateway

Message – Finance Department

Could we kindly ask that you take time over the half term holiday to go on your school gateway accounts and check that all payment requests are up paid up to date please. If you have any queries or are experiencing any issues with your school gateway account, please email fees@theroyal.school

Thank you.

Summer term music lessons

Payment requests for summer term music lessons are due to go live this half term and payments need to be made by 18th April 2023. **If your child does not wish to continue with their music lessons next term notice needs to be given now by emailing Mrs Simmonds on lsimmonds@theroyal.school**

End of school collection Update March 2023

Please be advised with immediate effect, the one-way system around the Primary School site will end. Please could we remind parents not to enter the school playground until instructed to do so.

Thank you for your continued support and co-operation in this matter.