



## Headlines

This week I have been reminded of how our pupils demonstrate daily, the school value of Risk. I was lucky enough to watch the U9s play in a football match against two local schools, where they drew one and lost one match. Working together as a team, the pupils represented the school admirably, communicating and supporting one another. A huge thank you to our PE team who organise and host a huge range of fixtures throughout the year, ensuring all pupils experience at least one sporting event.

On Thursday afternoon, pupils from Year 2-4, participated in the first of our performing art concerts. Parents and I were thoroughly entertained and soothed by a range of musical instruments including the viola and singing. Despite their nerves they performed brilliantly and very confidently. It is wonderful to see many new pupils on the start of their musical journey and to see how much progress our more seasoned pupils have made since last year. Please do join us for our second concert, which is taking place in the Chapel, next Tuesday 4-5pm with our older pupils from Year 5-6. It is a wonderful event, and all are welcome. Thanks to Mrs Simmonds for organising these annual events.

With the half-term holiday fast approaching, I thought I would highlight some of the amazing activities and clubs that are going on locally. Strive holiday camps are returning to The Royal again this half -term, if you are interested in booking follow this link, <https://www.strive.events/dates/> , further information can be found on our school website. There are many interesting places to visit listed on the raring2go.co.uk website including many vouchers and offers <https://raring2go.co.uk/area/wolverhampton/vouchers-offers/> and many free visitor attractions available too, <https://visitrevisit.co.uk/things-to-do/england/west-midlands/west-midlands/wolverhampton/free> . We would love to hear more about the exciting places you have visited so please encourage your child to share with their teachers and maybe receive a headteachers award for their efforts.

**Mrs Kathy Jefferson**  
Primary Head Teacher



## House Points

Sandringham	4722
Buckingham	4984
Balmoral	4802
Windsor	5007

## Dates for the Diary

- Tuesday 14<sup>th</sup> Feb Yr 5 & Yr 6 Performing Arts Concert (Chapel) 4:00pm
- Tuesday 14<sup>th</sup> Feb Yr 5 Visit to Hindu Temple
- Thursday 16<sup>th</sup> Feb Yr 4 PCSO Programme
- Half Term Monday 20<sup>th</sup> February to Friday 24<sup>th</sup> February 2023



The Royal School

*Wolverhampton*

Please click [HERE](#) for 2023 term dates

## Sports Fixtures

- Tuesday 14<sup>th</sup> Feb Yr 4 & Yr 6 Rugby Willenhall
- Wednesday 15<sup>th</sup> Feb Yr 5 & Yr 6 Netball v Stafford Prep
- Wednesday 15<sup>th</sup> Feb U11 Football v Stafford Prep

# A S S E M B L Y

On Tuesday 7th February, it was Safer Internet Day. At The Royal, we have celebrated this very important day by raising awareness of internet safety and opening discussions about how to protect yourself online. Throughout the school, the children loved discussing what they were doing online and how they were using the internet. Following this, we generated great discussion about how we can stay safe online using many different platforms and what happens when we do encounter something that we are not sure about.

Mr Hoten ICT Lead

## Head Teacher Awards



Hazel, Ollie & Ezra 4CC for their beautifully written 'pen pal' letters to other students



Layla & Isabella for their amazing 'Hero' homework



On Monday, Year 4 visited the Symphony Hall to see the City of Birmingham Symphony Orchestra (CBSO) perform a concert called 'This World'. This has certainly excited the children for their next topic, Playlist!

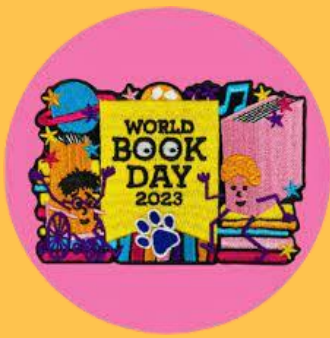
Jasmeen 4LD - "I really enjoyed going to the Symphony Hall. The one thing I really enjoyed was listening to the music the orchestra were playing. I could imagine stories in my head when they were playing."

Zana 4HE - "What I enjoyed at the Symphony Hall was how we got to imagine a story in our mind. That made me feel wonderful. It was amazing!"

Aarav 4CC - "I enjoyed my time at the Symphony Hall listening to the calm music. It made me feel relaxed."







Thursday 2<sup>nd</sup> March 2023

The children are looking forward to celebrating World Book Day. To celebrate all things books, on Thursday 2<sup>nd</sup> March we will be taking part in lots of book themed activities. Similar to last year, we are going to have a school bedtime story day and come in our PJs. This means we can relax and enjoy reading our books in comfort. We are also going to organise a book swap for later in the term. Over half term, children can pick out books that they no longer want at home and bring them into school on World Book Day.

Children who have brought a book in will be able to choose a different book to take home and enjoy.

## Swimming Department



Mrs Sohal swimmers in 2HD had a challenge on Friday 3<sup>rd</sup> February to swim unaided in the deep end, without support.

They needed to:

Tread water

Swim on front 1 width

Swim on back 1 width

Jump in from diving boards, tread water then swim to the side.

Amaiya P, Anaya P, Bonnie W, Charlie H, Diya D, Kyran K, Letaya B, Parker-J W, Rome S and Tiffany A

All completed this, with flying colours!

We have high hopes for the future, congratulations 2HD keep up the fantastic swimming!

**\*\*Active\*\*** Number of students who have travelled to school walking, park and stride, cycling, public transport NOT travelled in a car.

This week's Year Group winners are  
**YEAR 2**  
Individual class winners are 3AC 92%



	Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Active	20%	52%	73%	69%	63%	66%	69%



# 12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

## WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

### 1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

### 2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

### 3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, 1Password and Keeper are all excellent password managers.

### 4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version - by saving it to a removable USB drive or similar device, for example.

### 5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

### 6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' - such as your birthplace or a pet's name - in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

### 7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

### 12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency - even if they appear to come from someone you know.

### 11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates - so by ensuring each device is running the latest version, you're making them more secure.

### 10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure - criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

### 9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at [www.haveibeenpwned.com](http://www.haveibeenpwned.com) (yes, that spelling is correct!). It's useful if you're worried about a possible attack - or simply as motivation to review your account security.

### 8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun - so as long as you keep safety and security in mind, don't stop enjoying your tech.

## Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



**NOS** National Online Safety®  
#WakeUpWednesday

Source: [www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word](http://www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word) | [https://haveibeenpwned.com](http://https://haveibeenpwned.com)



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## Sports Fixture

### U11 Netball v Uplands

On Monday 6th February, Year 5 and 6 girls played a league match against Uplands Primary School.

We won 4-1

The player of the match was Samaira P

Well done everyone!





Ultimate Activity Camps will be running their fantastic camps at **The Royal School** during the Easter and Summer holidays of 2023.

The camps are for all children of 4-14yrs, we offer over 40 different activities, and it is possible to book for one day or a whole week.

The days run from 8:30am – 5:15pm with extended hours of 8am-6pm available at an extra cost. All sites are Ofsted registered and we accept.

all childcare vouchers.

### **Easter Dates**

For children of 4-14yrs

Dates: 3<sup>rd</sup> – 14<sup>th</sup> April

### **Summer Dates**

For children of 4-14yrs

Dates: 24<sup>th</sup> July – 25<sup>th</sup> August

\*Early Booking Offer until 1<sup>st</sup> March\*

£195/week saving **£40** off our standard weekly rate of £235 and £46/day saving **£6** off our standard daily rate of £52



This week's cost cutter tips: -  
Asda Offers - Please click [HERE](#)