



Headlines

This week our primary pupils received their letters from our pen pal school in Birmingham, from the positive post box initiative which was launched last term. Pupils are now busy writing their replies and responding to their questions, we hope to send these off in the next couple of weeks. What a fantastic way of spreading positive messages to the wider community.

I had the pleasure of presenting many Headteacher awards to students including Year 5 and 6 pupils this week. Many had completed outstanding homework and classwork, including devising their own board games, model of Tudor houses, self-portraits and non-fiction pieces of writing. Well done to all and keep up the good work.

Sporting opportunities have been a feature at The Royal this week. Year 1 participated in Tai Chi lessons organised by Miss Gardner, and the Year 3 have been visited by Wolverhampton Rugby Club who have been offering taster sessions for our pupils. If any pupils are interested in pursuing either of these sports outside school, please contact our PE department, info@theroyal.school

We are constantly reminded in the media of the daily struggles for families regarding the cost-of-living crisis, and as a school we would like to do more to support our community. Where possible we have tried to reduce the cost of trips and experiences by subsidising the overall price. However, to help support more families, we will begin to feature items in the weekly newsletter with links to websites for handy hints and money saving tips. If you have any items you wish to feature in future newsletters, such as offers and discounts, please let Mrs Butler know, nb@theroyal.school.



Mrs K Jefferson
Head Teacher



House Points

Sandringham	5697
Buckingham	5540
Balmoral	5926
Windsor	5468

Dates for the Diary

- Wednesday 1st Feb PCSO Programme Year 4
- Monday 6th Feb – YR 4 Symphony Hall Concert
- Tuesday 7th Safer Internet Day 7/2/2023
- Friday 10th Feb Yr 1 Space Workshop
- Half Term Monday 20th February to Friday 24th February 2023



The Royal School

Wolverhampton

Please click [HERE](#) for 2023 term dates

Sports Fixtures

- Monday 30th Jan Netball Yr 5 & Yr 6 v Yarlet
- Tuesday 31st Jan Netball Yr 4 A & B Teams v WGS (H)
- Wednesday 1st Feb Yr 4 Netball v Birchfield
- Wednesday 1st Feb YR 5 & YR 6 - Cross Country (A)
- Monday 6th Feb Yr 5 & Yr 6 Netball v Uplands (H)
- Monday 13th Feb Yr 4 & Yr 5 Gymnastics (A)

A S S E M B L Y

This week, we have been exploring the theme of initiative, one of our school values. We discussed our goals and aims for the future, including what we need to be successful and the steps needed to achieve this. It was lovely to hear the childrens' dreams of becoming future scientists, artists and politicians!

Head Teacher Awards



Ifza H RAG for her hard work in writing



Leo J for his creative writing



Ollie C, Ashwin & Aarav 4CC for their amazing homework!



Jonah, Ambur, Ela & Charlie Lataya & 2HD


For a newspaper report based on The Bear & The Piano




Amelia, Arya & Avaay 3AC for their incredible homework projects


Safer Internet Day

On 7th February 2023 we will be featuring in our assembly's safer internet use to all the children. Please see below useful informative parent guides and the following parent link:- [CLICK HERE](#)



TIKTOK PARENT GUIDE






START A CONVERSATION

A great place to start when it comes to online safety is to talk about it. Speak with your child about the online risks mentioned above. We can talk about the importance of keeping personal information safe; support your child in learning to become digitally resilient.


Part of this also means being able to identify if someone their speaking with online is not to be trusted. For some great resources to help to talk to your young person about this, check out the Thinkuknow website.



USE PRIVACY SETTINGS

With a public account anyone can view and download your videos, even if they haven't created a TikTok account. Talk to your young person about the benefits of privacy settings.


Although there may be resistance to setting privacy settings if a user is seeking more likes and followers, emphasise the value of having greater levels of control and privacy.



USE RESTRICTED MODE

By going to the 'Digital Wellbeing' section on TikTok you can enable Restricted Mode. This has been created to filter out mature or inappropriate content.


While this may not be perfect, it should offer some level of filtering. To set restricted mode you will need to create a pin code.



ENABLE FAMILY PAIRING MODE

Family pairing mode allows you to link your TikTok with your child's account. By using Family Pairing Mode you can change settings on your child's account including:

- Screen Time Management - How long the app can be used for.
- Restricted Mode - Filtering inappropriate content.
- Direct Messages - Turn off direct messages completely, or restrict certain users from sending messages.




LEARN HOW TO BLOCK AND REPORT

Make sure that your young person knows how to use all of the block and report features. It's possible to restrict comments, restrict Duets, report a comment and block a user.

These features can help users to have a greater level of control on the platform, but they are only helpful if your young person knows how to use them.


Talk through how to make use of these settings with your young person.


















BE MINDFUL OF SCREEN TIME

Excessive screen time on social media can have negative impacts on student wellbeing. If your young person is old enough to use TikTok, have a conversation with them to agree appropriate levels of screen time. You could start the conversation by asking them how much screen time per day they think would be good for them.

There is also the option of setting screen time limits under the screen time management option. This allows you to limit the amount of time a user can spend on the app per day. This option can then be locked with a PIN code.



APPS AND THEIR AGE RATINGS

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<h3 style="color: #ff00ff; font-size: 2em;">17+</h3> <div style="display: grid; grid-template-columns: 1fr 1fr; gap: 10px;"> <div style="text-align: center;">  Sarahah </div> <div style="text-align: center;">  YOLO </div> </div>		<h3 style="color: #ff00ff; font-size: 2em;">18+</h3> <div style="display: grid; grid-template-columns: 1fr 1fr; gap: 10px;"> <div style="text-align: center;">  MeetMe </div> <div style="text-align: center;">  LiveMe </div> </div>	



Some of our Year 4 students have been selected to participate in a junior PCSO programme. The aim of the programme is for the children to build confidence by working as a team to support the school and be involved in the work of the local community.

The students had their first session on Friday and thoroughly enjoyed meeting PCSO Roadley!



Reception

Reception have been enjoying our Starry Night topic. We have enjoyed a visit from the mobile planetarium to learn about space and were fascinated by the different planets and constellations. We have also looked at nocturnal animals, making an owl and even having a visit from a real owl when as part of our 'animal encounter' workshops. We can wait to find out what animals we get to see next!



Year 5 & Year 6 – Head Teacher Awards

Mrs Jefferson visited Year 5 & Year 6 today to personally present awards to our very deserving Year 5 & Year 6 students a Head Teacher Award. She was extremely impressed with their hard work and effort that they are putting into this term's topics. One award was given for perseverance and never giving up well done to all.



Jonny, Mannat, Ruben, Karam, Alfie 5JE



Ajay, Jaiden, Esther, Nikita & Liesl 5KG



Aniah, (6SM) Gaij (6SM) Willow (6EP) Sophia (6EP), Alex (6SM)
Amreet (6AT),

****Active**** Number of students who have travelled to school walking, park and stride, cycling, public transport NOT travelled in a car.

This week's Year Group winners are
YEAR 6
Individual class winners are 3AC 90%



	Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Active	2%	50%	69%	72%	64%	67%	82%

On Monday 23rd January, Year 1 children took part in a multi-skills sporting event at Wolverhampton Grammar School. They participated in throwing, jumping, balancing, running and catching activities. Well done everyone!



On Monday 23rd January, the Year 5 and 6 netball team participated in a league match against Wolverhampton Grammar School.

The score was 5-5.

Players of the match: Maisy K and Milan C
Well done girls!



Year 1 are currently taking part in tai chi lessons during PE with tai chi instructor Diane.

The focus is Chinese New Year. Last week it was 1KN's opportunity to learn from Diane and this week 1ER. 1SB your turn is next!

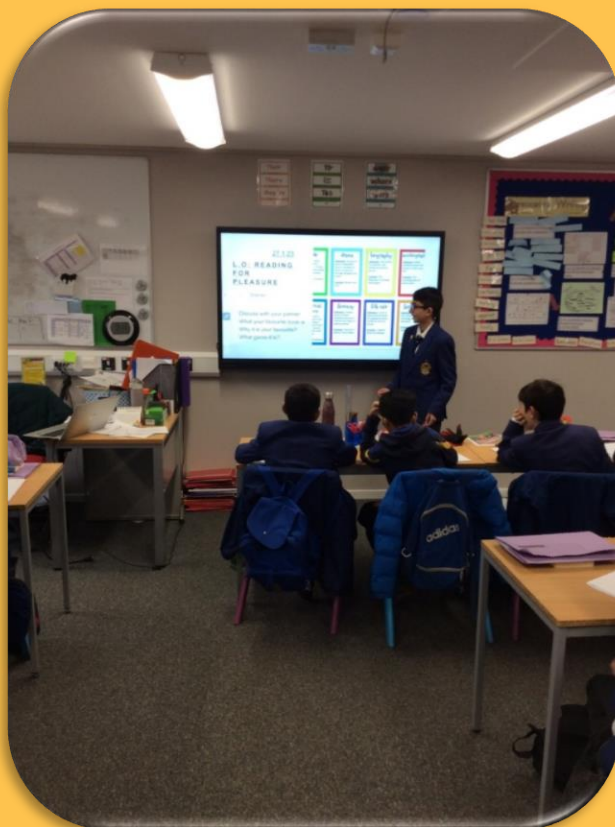
The children learnt the story of the animal race and how the lunar new year was formed.

Children used animal masks and fans to recreate the story and learn tai chi moves to form a dance.

We learned about Yin and Yang movements to create a balance in the body (calming and energising).
Well done everyone!



Year 6's school councillors delivered a reading for pleasure lesson. They planned it with a starter, main activity, brain strain and handy hints. They also provided live feedback whilst the children were completing their tasks. Watch out teachers!!



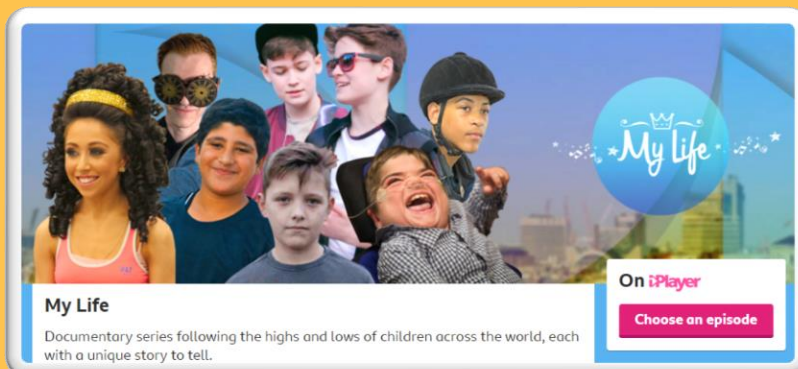
Primary Food Menu

Please click [HERE](#) for our updated menu



CBBC – The Royal School

Following the filming back in October with Year 4, Eva has been in touch to say that the episode will on CBBC on the 9th of February and then available on iPlayer, as part of the My Life Series.





Cost of Living Support

We know that many families are going through a tough time this winter and we want to do everything we can to help you and your child. If you're struggling with your finances, please get in touch to let us know, as there may be things we can suggest which will help.

Contact your local Citizens Advice Bureau or Family Hub

Citizen's Advice Bureau (CAB)

You don't have to be a UK citizen to get support from your local CAB, you just need to be a resident of the local area. The CAB can help you with:

- Getting benefits or organising other financial support
- Accessing support for essential costs (food, bills, rent)

Visit the [Citizens Advice](#) website or contact your local branch to book an appointment. Please click [HERE](#)

Family Hub

Contact your local Family Hub to get help accessing all the support you might need as a family. Please click [HERE](#)

Check you're paying the right amount of tax

Make sure you're on the right tax code. If you aren't you might be due a refund. Use the [Money Saving Expert's](#) free tax code calculator to find out.

Claim any benefits you're entitled to

Use 1 of these benefits calculators to determine whether there are any benefits you could be claiming:

- [Turn2us](#)
- [Policy in Practice](#)
- [Support for migrant families](#) – use this calculator if you are a migrant family, or if you have no recourse to public funds (meaning you're not entitled to the majority of welfare benefits)

You may be able to get benefits paid early if you need cash urgently – this is known as 'a short-term benefit advance'. You will need to contact the Department for Work and Pensions (DWP) office that's dealing with your claim.

Check you've received all the government's cost-of-living payments.

The government's [cost-of-living payments](#) are available for those receiving certain benefits or tax credits. You don't need to apply for these – if you're eligible the money should go straight into your account.

If you think you're due a payment but haven't received one, [report a missing payment](#) to the government here.

Be aware of scams! If you receive any emails, texts or phone calls asking you to fill in an application form or asking for your bank details to receive a cost-of-living payment, **do not talk to them or send a reply**. Get more information on [cost-of-living scams](#) on the Money Saving Expert's website.

Find out what help you can get with your energy bills

Take a look at these resources from the [British Gas Energy Trust](#) and the [Money Saving Expert](#).

Check if your child is entitled to free school meals (FSM)

If your child is eligible for FSM you need to get them registered. This will allow them to get a free meal at school, and we'll get extra funding (known as the pupil premium) to support your child's learning.

Go to [this government website](#) to check if your child is eligible.

See what other support you can get from your local authority

Please click [HERE](#)

Local authorities have many schemes that you might be eligible for, including:

- The [Holiday Activities and Food Programme](#) – access to food and activities over the school holidays.
Note that if your child is eligible for free school meals (see above), they'll also qualify for this programme

Year 3 had a great rugby session today with Wolverhampton Rugby Club!
They got very muddy and learnt new rugby skills! Thank you to Miss Morris for sorting this!

